



# No. 29 BAR AND KITCHEN

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## TO START

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<b>SOUP OF THE DAY</b>	£ 3.95
<i>Homemade and hearty with ciabatta</i>	
<b>SIZZLING KING PRAWNS</b>	£ 5.95
<i>A showstopper with garlic and tomato and ciabatta for mopping up</i>	
<b>BREADED BRIE WEDGES</b>	£ 4.95
<i>Mixed salad, port and cranberry compote</i>	
<b>MUSHROOMS AND STILTON</b>	£ 4.95
<i>Crispy breaded mushrooms stuffed with creamy stilton with mixed salad and balsamic glaze</i>	
<b>CRISPY CHICKEN GOUJONS</b>	£ 4.75
<i>Lightly battered and crispy Norfolk chicken strips, mixed salad, Texas barbecue dipping sauce</i>	
<b>ICED MELON COCKTAIL</b>	£ 4.45
<i>A duo of melon topped with refreshing lemon sorbet</i>	
<b>POTTED CRAB</b>	£ 4.95
<i>Fresh white crab flakes chilled with butter served with chunky seeded toast</i>	

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## TO FOLLOW

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<b>ROAST LEG OF WELSH LAMB</b>	£ 9.95
<i>Slow roasted Welsh leg of lamb, red wine jus and herby diced potato</i>	
<b>CHICKEN AND LEEK PIE</b>	£ 8.95
<i>Cooked in a cream and wholegrain mustard sauce served with hand cut chips or creamy mashed potato</i>	
<b>NORFOLK STUFFED CHICKEN</b>	£ 9.95
<i>Breast of chicken stuffed with pate wrapped in bacon finished with peppercorn sauce served with lyonnaise potatoes</i>	
The above main course meals are served with Parkers farm fresh vegetable selection	
<b>ITALIAN TOPPED GRILLED COD</b>	£ 10.95
<i>Grilled cod covered with diced tomatoes, mushroom, red onions and cheese, served with diced herb potatoes and fresh salad</i>	

<b>FISHERMAN'S PIE</b>	£ 9.95
<i>Scottish salmon, smoked haddock, cod and king prawns topped with cheesy mashed potato served with mixed salad and ciabatta</i>	
<b>VEGETABLE MOUSSAKA</b>	£ 8.95
<i>Mediterranean vegetables cooked in a tomato sauce with freshly mixed salad and garlic ciabatta (v)</i>	
<b>BEEF ROGAN JOSH</b>	£ 8.95
<i>A medium spiced curry with tender pieces of beef, basmati rice, naan bread and mango chutney</i>	
<b>SQUASH AND SPINACH RISOTTO</b>	£ 7.95
<i>Roasted butternut squash, baby spinach and creamy arborio rice, topped with toasted pine nuts and finished with grated parmesan</i>	
<b>Add Norfolk chicken?</b>	£ 2.00
<b>RIB EYE STEAK AND KING PRAWNS</b>	£ 21.95
<i>The No. 29 'surf n turf' with 28 day hung British rib eye (8oz) topped with six garlic king prawns, grilled tomato, onion rings hand cut chips and mixed salad</i>	
<b>Why not add peppercorn or stilton sauce?</b>	£ 2.95

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## TO FINISH

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<b>BAILEYS CHEESECAKE</b>	£ 5.25
<i>With chantilly cream and flaked chocolate</i>	
<b>RHUBARB AND STRAWBERRY CRUMBLE</b>	£ 4.50
<i>With warm vanilla custard or vanilla pod ice cream</i>	
<b>STICKY TOFFEE PUDDING</b>	£ 4.95
<i>With vanilla pod ice cream and warm caramel sauce</i>	
<b>CHOCOLATE BROWNIE ICE CREAM SUNDAE</b>	£ 4.95
<i>Warm homemade brownies, with chocolate and vanilla pod ice cream, chantilly cream and flake</i>	
<b>ETON MESS</b>	£ 4.75
<i>With meringue, mixed berries and whipped cream</i>	
<b>SELECTION OF ICE CREAM AND SORBETS</b>	£ 2.90
<i>Please ask your server for today's flavours</i>	

Please inform staff of any allergies and ask for our menu with dietary requirement descriptions. Our chef is happy to discuss allergens in individual dishes or ask to see our allergens list.

All menu items may contain nuts as they are prepared in a kitchen where nuts are used.  
For children under 12 ask to see our children's menu